

EAT SLEEP CLOTHES MEET

The guide to where to
get help in **Glasgow
City Centre**

Glasgow City
HSCP
Health and Social Care Partnership

NHS
Greater Glasgow
and Clyde



Where to get help in Glasgow



Eat

You can eat here



Accommodation

Accommodation is available here



Clothes

You can get clothes here



Meet

You can meet and talk to people here



Health

You can get health advice and help here



Safety

You will feel safe here



Shower

You can have a shower here



Sexual Health

Get help and advice on sexual health here



Advice

You can get help and advice here



Needle Exchange

Needle exchange is available here



Employment

Get help and make enquiries on employment here



Prayer

You can pray with people here



Learning

You can get help on education here



Recovery

Source of support to Promote/Sustain recovery



Internet Access

Access the internet for information and help



Outreach

You may meet workers out on the street who will give you help and advice

HECTOR RUSSELL KILTMAKER R.G. LAURIE Nationwide

LAURIE LTD
by First Services

HECTOR RUSSELL KILTMAKER

SAINTS SP





Asylum and Refugee Team

During office hours you can phone Health and Social Care Connect on: **0141 287 0555**

Outwith office hours (after 4:45pm Monday to Thursday or 3:55pm on a Friday and at weekends):

Emergency social care service: 0300 343 1505

Emergency homelessness services: 0800 838 502

Do you need support to contact us? You can get help as follows:

- If English is not your first language then please let us know which language you speak and we'll arrange for an interpreter to contact you
- If BSL is your first language then you can contact us using the *Contact Scotland app*
- Or you can also visit a *local office* where a member of staff will help arrange the support you need to contact us

44 South Portland Street

Glasgow

G5 9JJ

0141 222 7352



Out of Hours Homelessness Services

If you are homeless and need a service then:

- Between the hours of 4.45pm and 11pm
Single males / females should attend:

Glasgow City Mission

20 Crimea Street

Glasgow

G2 8PW

- Women and families with children should phone
the number listed below

After 11 pm and at weekends, then everyone should
phone: **0800 838 502**



Community Enforcement Officers

GCC Community Enforcement Officers are a uniform service who are here to help you.

They have distinctive black and yellow around their caps and they carry a mobile telephone and can make emergency calls on your behalf.

Daytime: **0141 276 7400**

Nighttime: **0141 287 2761**



Rough Sleepers and Vulnerable People

Rough Sleepers and Vulnerable People team (RSVP)
also known as “The Street Team and Street Cycles”

A street outreach service to help and support people sleeping rough (or at risk of) to access accommodation and any other services appropriate to their needs.

Call us free from a payphone or mobile phone:

8am - 11pm, 7 days a week, 365 days a year.

427 Ballater Street

Glasgow

G5 0QW

Freephone: **0800 027 7466**

www.simonscotland.org



Glasgow
Simon
Community

Barnardo's Safer Choices

Barnardo's Safer Choices provides support to children and young people aged 18 years and under to identify risk and devise strategies to minimise harm, particularly in relation to sexual exploitation.

Monday and Friday: 9:30am - 5:30pm

Wednesday: 6.00pm - 10.00pm

Thursday: 9.30pm - 8.00pm

91 Mitchell street

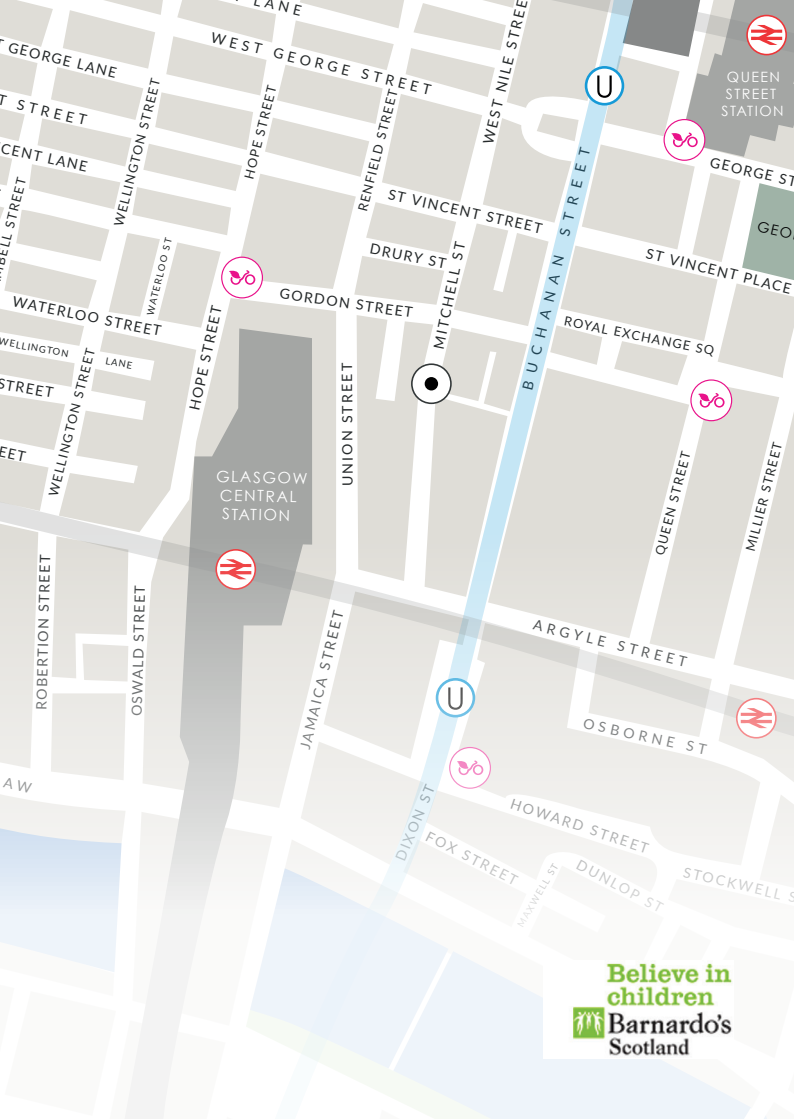
Glasgow

G1 3LN

0141 243 2393

www.barnardos.org.uk





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**Believe in
children**
 **Barnardo's
Scotland**

Routes Out Drop In

If you are a woman affected by prostitution we can provide safety advice, emotional and practical support, one hit kits, condoms, personal alarms and a safe space to discuss your issues with staff.

Opening Times:

Wednesday, Thursday, Friday and Saturday:

9pm to 1am

75 Robertson Street

Glasgow

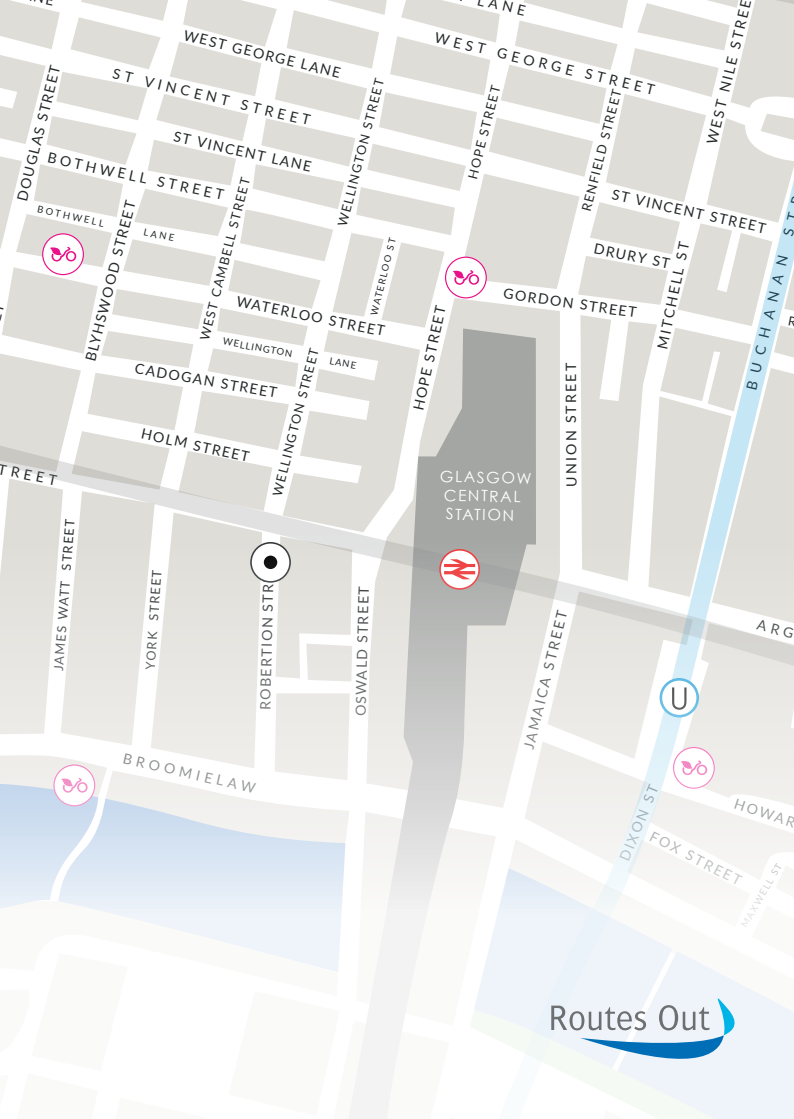
G2 8QD

Daytime: **0141 276 0737**

Evening: **0141 276 0735**

www.routesout.org





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The G3 Clinic

“ Are you involved in the sex or sexual entertainment industry in Glasgow?”

The G3 Clinic at the Sandyford offers a dedicated, discrete sexual health service for anyone involved in transactional sex.

To make an appointment or to find out more about G3 please call us on **0141 211 8130**,

Call or text **0742 207 5598** or

Email **ggc.sandyfordoutreach@ggc.scot.nhs.uk**



Hunter Street Health Services

Hunter Street provides homeless people in Glasgow with a full range of health care services. Including addiction support.

Homeless GP: 9am - 5pm

Drop In: 2pm - 4pm

Homeless Addiction Team: (Drop In Service)

1:30pm - 4pm.

Homeless Health Nursing Team: (Drop In Service)

9:30am - 12:30pm and 1:30pm - 4pm

55 Hunter Street

Glasgow

G4 0UP

0141 553 2801



Turning Point Scotland's, Glasgow Alcohol and Drug Crisis Service

Turning Point Scotland Glasgow Alcohol and Drug Crisis Service offers integrated health and social care which provides low threshold, direct access services for people experiencing a crisis due to alcohol or other drug use including people who may be experiencing homelessness. These include a crisis residential unit, 24 hours.

Injecting Equipment Provision (needle exchange), wound care, harm reduction advice, signposting and naloxone training and provision.

80 Tradeston Street

Glasgow

G5 8BG

Open 24hrs

0141 420 6969

www.turningpointscotland.com



Simon Community Scotland

Our sector leading multi agency hub is a place where people affected by homelessness can drop in to get help with benefits, health, finances, legal advice, access to the digital world and more.

Delivered in partnership with a range of providers, the hub makes it much easier for people to get the support they need.

Access Hub

389 Argyle Street

Glasgow

G2 8LR

0141 552 4164

0800 027 7466

www.simonscotland.org



Glasgow
Simon
Community

City Centre Needle Exchanges

Glasgow Alcohol and Drug Crisis Service

Wound Care and Blood Tests Available

24 Hour NEX Access

80 Tradeston Street, Glasgow, G5 8BG

0141 420 6969

LG Pharmacy

Monday - Friday: 8:30am - 6:00pm

Saturday: 9:00am - 1:00pm

476 St. Vincent Street, G3 8XU

Boots Chemist

Monday - Friday: 8:00am - 6:00pm

Sunday: 10:30am - 5:30pm

498 Sauchiehall Street, G2 3LW

Boots Chemist

Monday - Friday: 8:00am - 6:00pm

Sunday: 10:30am - 5:30pm

220 Sauchiehall Street, G2 3LW



Boots Chemist

Monday, Tuesday, Wednesday and Friday: 8:00am - 7:00pm

Thursday: 8:00am - 8:00pm

Saturday: 8:30am - 6:30pm

Sunday: 10:00am - 6:00pm

10 Sauchiehall Street (Buchanan Galleries), G2 3GF

Abbey Chemists

Wound Care and Blood Tests Available

Monday - Saturday: 9am - 5.30pm, Closed Sunday

83 Trongate, Glasgow, G1 5HB

Trongate: **0141 552 2528**

Mobile Van Services

Wound Care and Blood Tests Available: 6pm - 10pm

Please contact Glasgow Alcohol and Drug Crisis Service

0141 420 6969 for location of Mobile Van Services.

Glasgow City Mission

Providing Christian Care since 1826.

Advice and support for homeless and vulnerable people, including food, clothes, showers, activities, IT and advocacy, also an International Café.

Open Monday - Friday: 10am - 10pm for activities and one to one help.

Evening meals served 7.30pm.

Open Saturday: 4pm - 8pm for activities and food.

20 Crimea Street

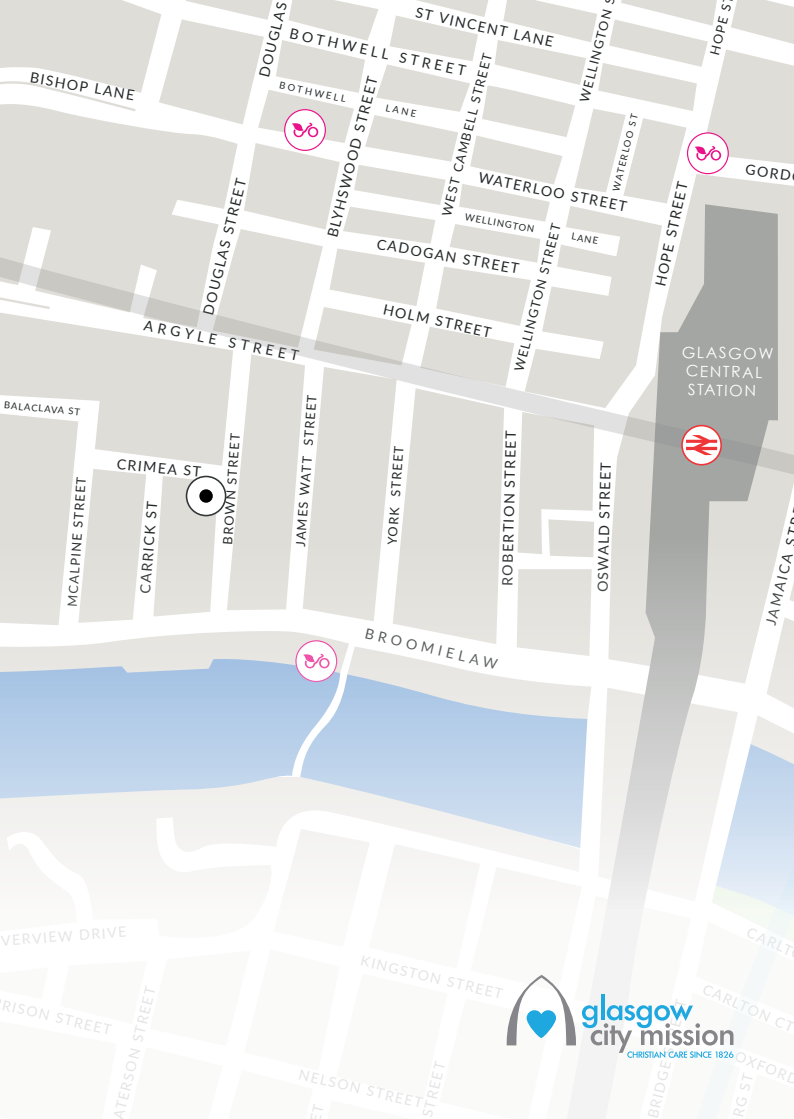
Glasgow

G2 8PW

0141 221 2630

www.glasgowcitymission.com





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CHRISTIAN CARE SINCE 1826

The Marie Trust

The Marie Trust is a front line homeless charity providing a holistic approach in our aim to alleviate and prevent homelessness from reoccurring.

We recognise that people not only need safe accommodation, but they also require opportunities for self growth, healing and opportunities to exit homeless situations and have access to education, counselling, volunteering and health and wellbeing services to enable them to develop their sense of self and identity.

29 Albion Street

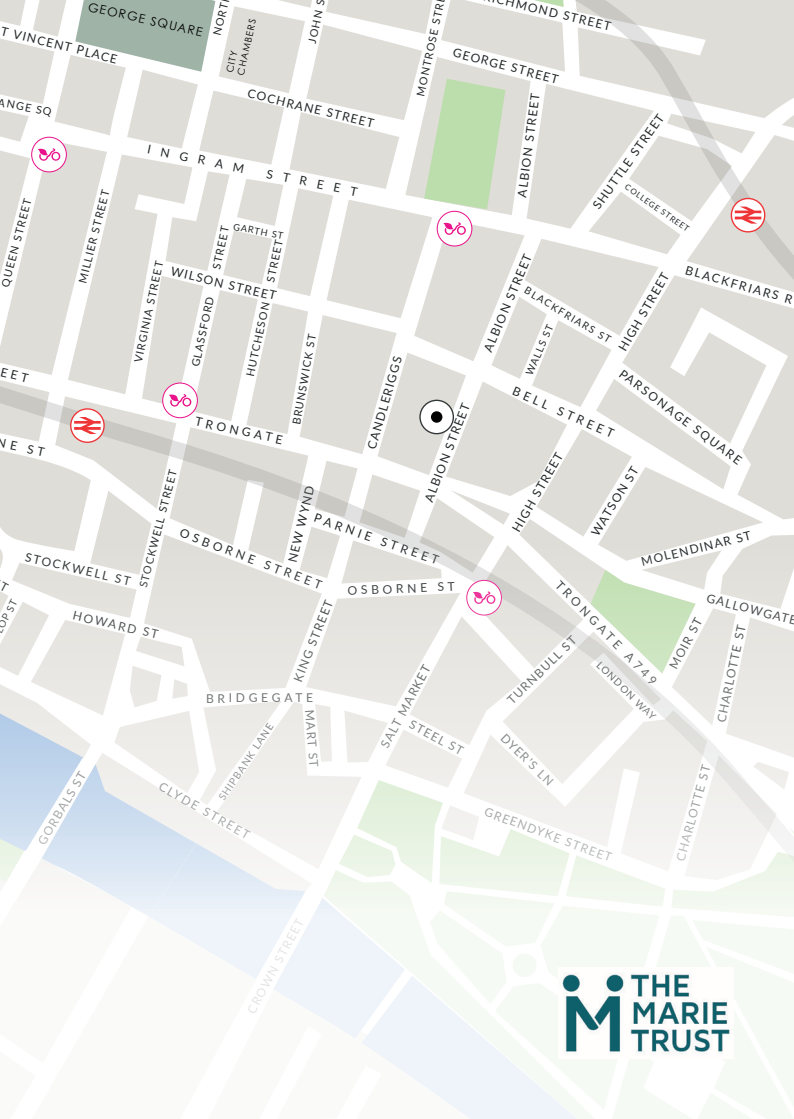
Glasgow

G1 1LH

0141 286 0065

www.themarietrust.org





Lodging House Mission (Trotters)

Food, Activities, Chaplaincy, Education and Support.

Day Centre Services:

7 Days a Week

8.00am - 3.00pm

364 days per year (Closed New Year day).

35 East Campbell Street

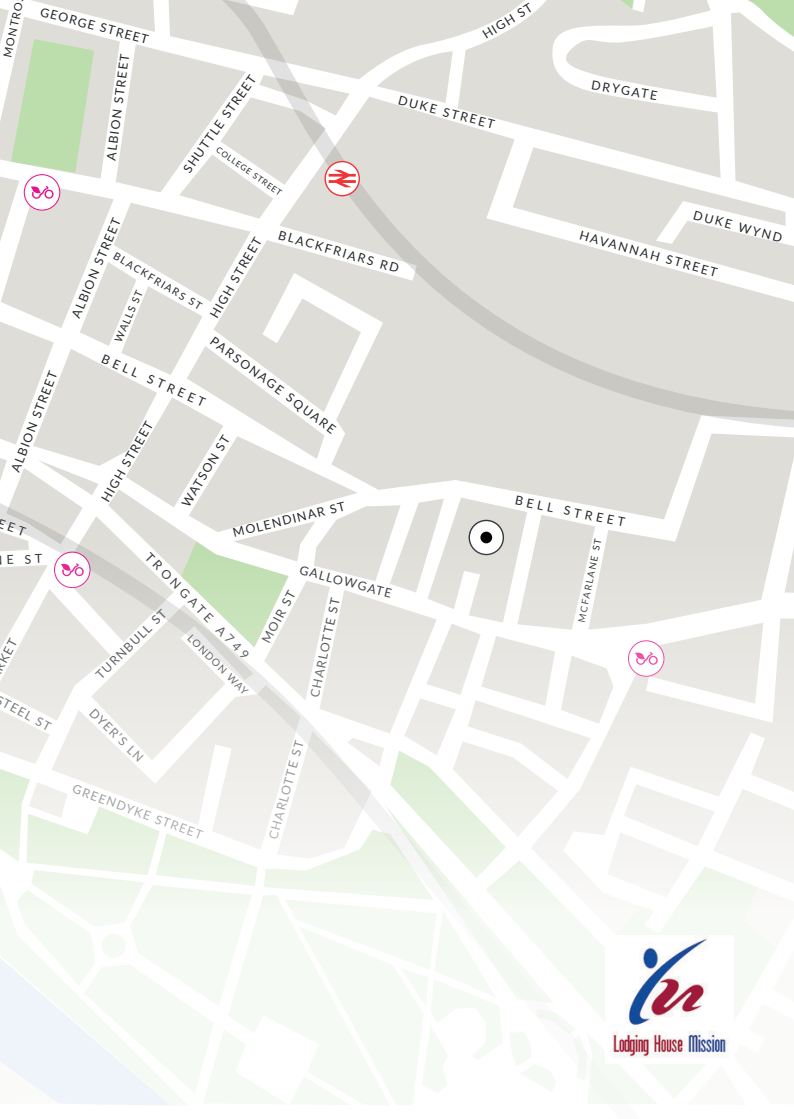
Glasgow

G1 5DT

0141 552 0285

www.lhm-glasgow.org.uk





The Big Issue

A hand up not a hand out.

Offers people who are homeless support, advice and the opportunity to earn their own money.

43 Bath Street

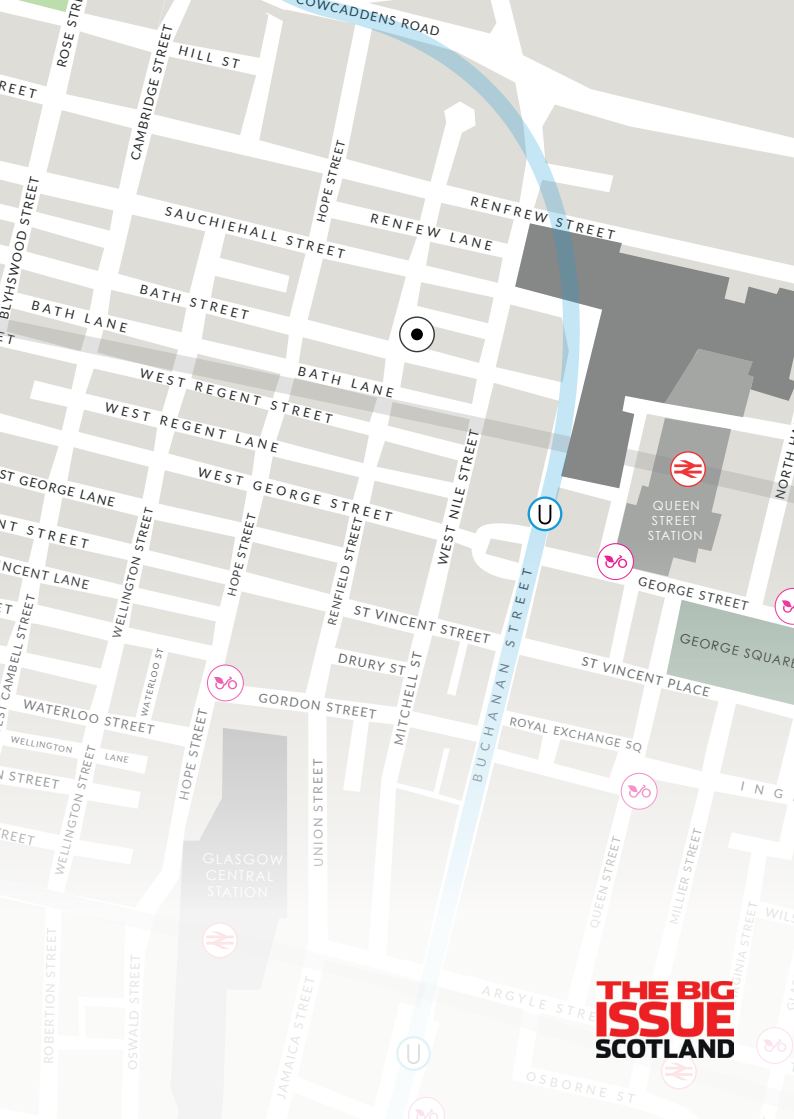
Glasgow

G2 1HW

0141 352 7274

www.bigissue.com





CLOWCADDENS ROAD

ROSE STR

CAMBRIDGE STREET

HILL ST

REET

BLYHSWOOD STREET

HOPE STREET

RENFREW LANE

RENFREW STREET

SAUCHIEHALL STREET

BATH STREET

BATH LANE

BATH LANE

WEST REGENT STREET

WEST REGENT LANE

WEST GEORGE STREET

ST GEORGE LANE

WEST NILE STREET

NT STREET

WEST GEORGE STREET

NCENT LANE

RENFIELD STREET

ST

ST VINCENT STREET

GEORGE STREET

QUEEN STREET STATION

GEORGE SQUARE

DRURY ST

ST VINCENT PLACE

WATERLOO STREET

GORDON STREET

ROYAL EXCHANGE SQ

WELLINGTON

HOPE STREET

UNION STREET

BUCHANAN STREET

N STREET

QUEEN STREET

MILLIER STREET

REET

WELLINGTON STREET

GLASGOW CENTRAL STATION

ING

REET

ROBERTSON STREET

OSWALD STREET

JAMAICA STREET

ARGYLE STREET

GINIA STREET

U

OSBORNE ST

THE BIG ISSUE SCOTLAND

Rights Hubs Partnership

Govan Law Centre will be providing a 'Rights Hubs' drop in service across 4 locations in the city centre.

The drop ins will provide vulnerable and marginalised people in Glasgow access to their rights in terms of welfare benefits, debt, housing and homelessness law, and access to sustainable financial services.

- **Lodging House Mission:**

Tuesday: 10:30am - 1:30pm, **0141 552 0285**

- **Glasgow City Mission and Marie Trust:**

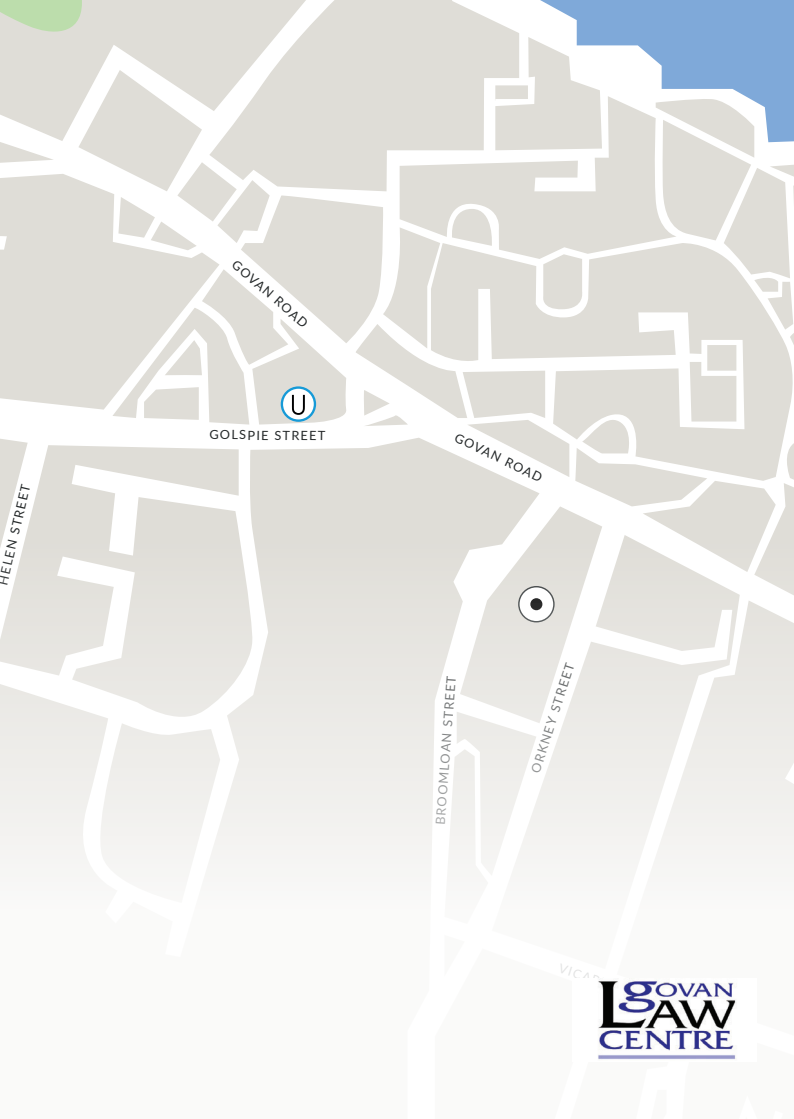
(Alternate Fridays) at 1.00pm - 3.00pm, **0141 286 0065**

Govan Law Centre
18-20 Orkney Street
Glasgow
G51 2BZ

0800 043 0306

govanlawcentre.org





GOVAN ROAD



GOLSPIE STREET

GOVAN ROAD

HELEN STREET



BROOMLOAN STREET

ORKNEY STREET

VICAR STREET

GOVAN
LAW
CENTRE

Sandyford Sexual Health Service

The sexual health outreach team provide a specialist service offering a range of sexual and reproductive health interventions including testing and treatment for sexually transmitted infections, contraception, BBV testing and PrEP (HIV prevention medication).

Call: 0141 553 2938 Call or Text: 0742 207 5598 or 0742 207 5596

Email: ggc.sandyfordoutreach@ggc.scot.nhs.uk

Or pop in to one of our clinics:

The Complex Needs Health Service, 55 Hunter Street,
Glasgow, G4 0UP

Monday - Friday: 9am - 3pm

The Simon Community Access Hub, 389 Argyle Street,
Glasgow, G2 8LR

Wednesdays 10am - 2pm

The Glasgow Drug Crisis Centre, 123 West Street,
Glasgow, G5 8BA

Thursdays 10am - 12pm

2-6 Sandyford Place

G3 7NB

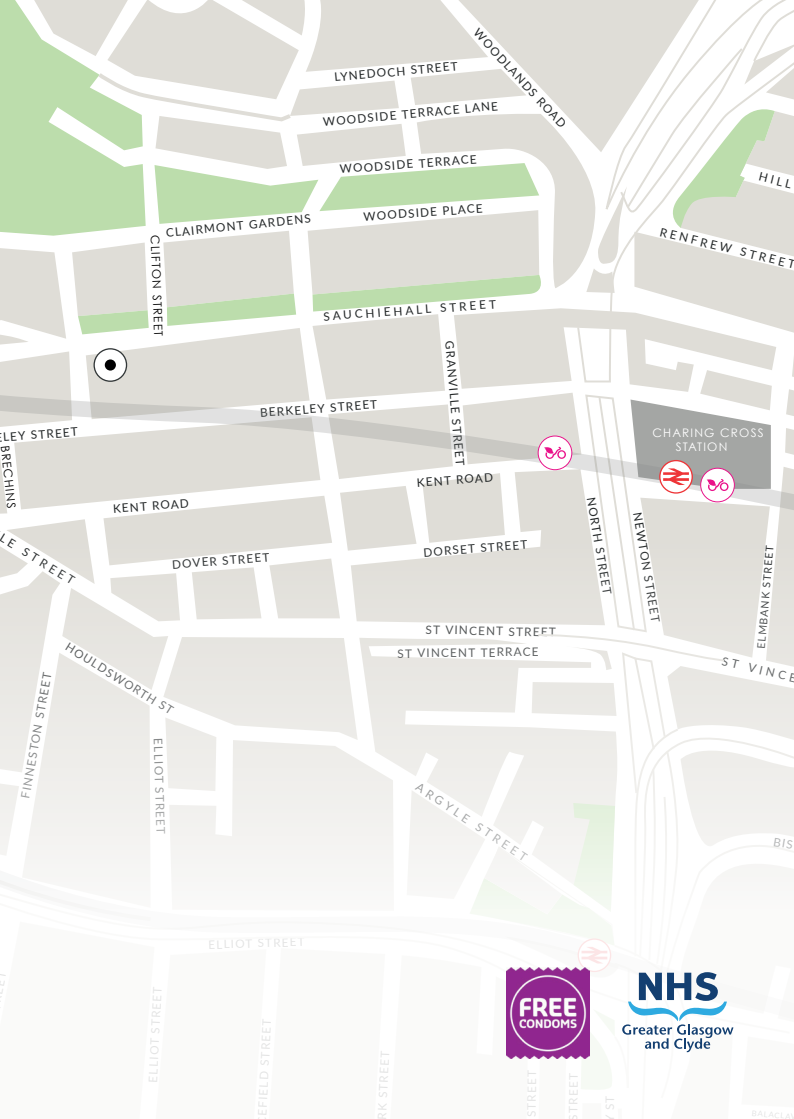
Glasgow

Call: **0141 553 2938**

Call or Text: **07422075598**

or; **07422075596**





LYNEDOCH STREET

WOODLANDS ROAD

WOODSIDE TERRACE LANE

WOODSIDE TERRACE

WOODSIDE PLACE

CLAIRMONT GARDENS

CLIFTON STREET

SAUCHIEHALL STREET

BERKELEY STREET

GRANVILLE STREET

CHARING CROSS STATION

LEY STREET

KENT ROAD

KENT ROAD

DOVER STREET

DORSET STREET

LE STREET

NORTH STREET

NEWTON STREET

ELMBANK STREET

ST VINCENT STREET

ST VINCENT TERRACE

ST VINCE

HOULDSWORTH ST

ELLIOT STREET

ARGYLE STREET

ELLIOT STREET

EFIELD STREET

ARK STREET

FREE
CONDOMS

NHS

Greater Glasgow
and Clyde

Waverley Care

HIV and Hepatitis C don't discriminate. We all have sexual health. That's why we want our services to be as diverse as the people we support.

Whether you're living with or affected by these conditions, no one should face HIV or Hepatitis C alone. We want to make talking about and taking care of your sexual health a part of everyday life.

Waterloo Chambers (2nd Floor)

19 Waterloo Street

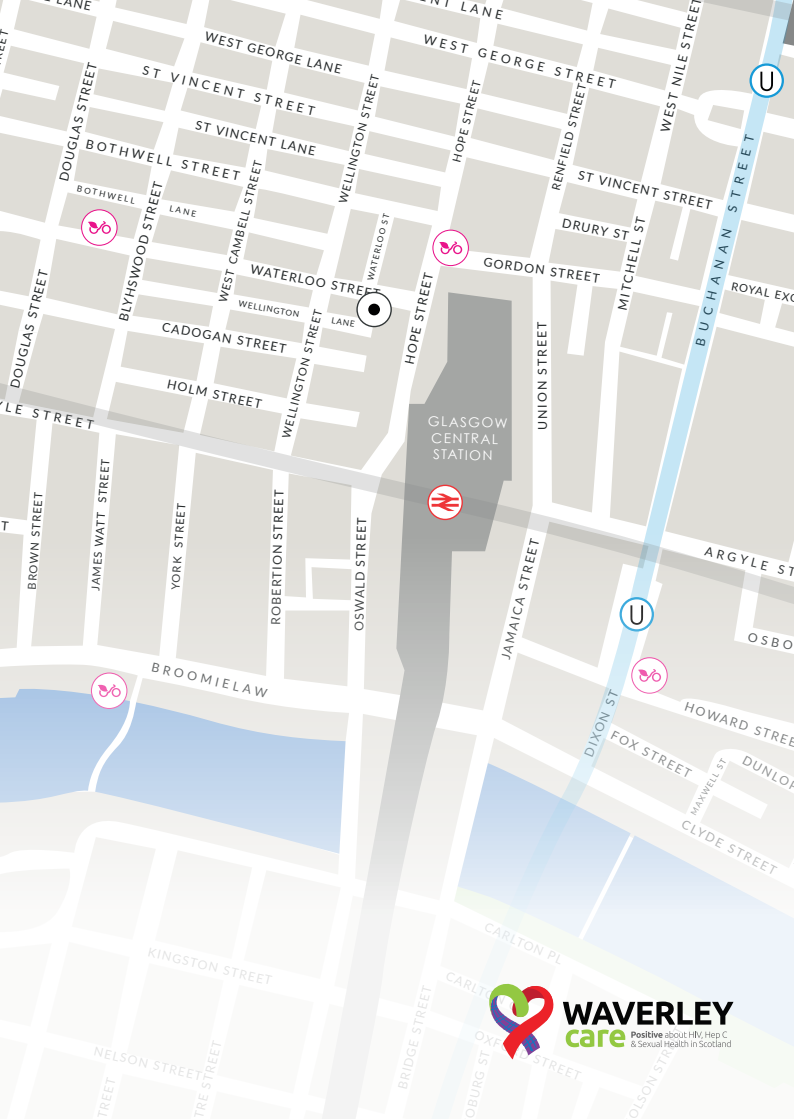
Glasgow

G2 6AY

0141 332 2520

www.waverleycare.org





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WAVERLEY
care

Positive about HIV, Hep C,
& Sexual Health in Scotland

Glasgow Street Aid

We are a medical and welfare charity (SC050704) operating in Glasgow City Centre each weekend to help those in need. We offer medical support ranging from minor injuries to overdoses, and welfare support including lost youths and adults, and those needing general help.

We are a team of clinicians including nurses, paramedics, techs, FREC3, nursing/paramedic students and other healthcare professionals who volunteer our time each weekend evening to help the public in the city centre.

Friday	19:30-04:00
Saturday	19:30-04:00
Sunday	19:30-00:00

Glasgow Street Aid

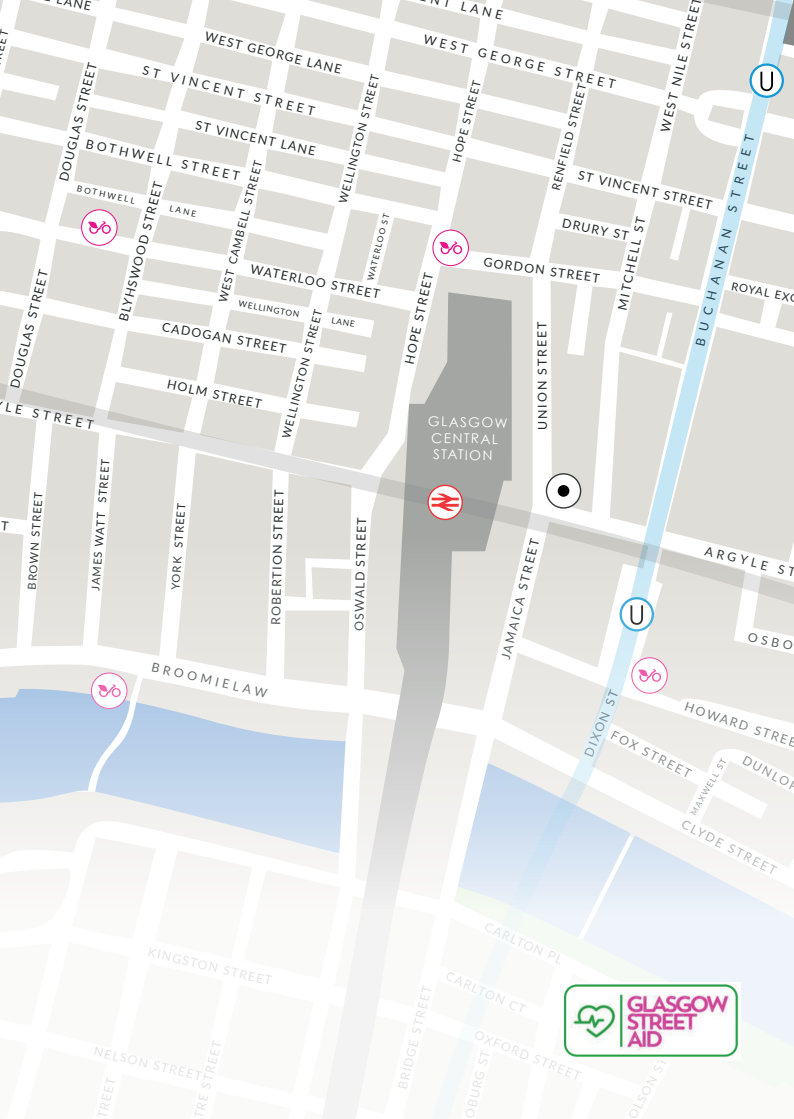
56 Union Street

Glasgow

G1 3QX

0141 212 9271





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Free Condom Service

Free Condoms and lubricant are available to anyone over the age of 13 in Glasgow through the Free Condoms Service. Condoms are available at a variety of locations and there's no requirement to provide any information when collecting condoms.

Additional outlets

High Street Pharmacy

128 High Street, Glasgow, G1 1PQ

Hunter Street Homelessness Centre

55 Hunter Street, Glasgow, G4 0UP

Sandyford Central

2-6 Sandyford Place, Glasgow, G3 7NB



Other Useful Information and Advice

Police Scotland

The Police are always ready to assist. Call Free on 101 and always call 999 in an emergency.

www.scotland.police.uk



Street Pastors

Every second Friday and every Saturday there are Street Pastors who patrol the city centre between 10pm - 4am.

The Street Pastors provide a “looking after” service for vulnerable people who may be injured, cold, drunk, separated from friends and alone with no money and possibly no useful mobile phone.

We also provide hats, gloves, scarves and some food to homeless people.

gsp.scot



Glasgow Street Outreach

At Street Connect our mission to offer hope and opportunity of recovery for individuals disadvantaged by addiction and associated issues including homelessness and poor mental health.

Registered Office

340-348 Cathedral Street, Glasgow

G1 2BQ

Streetconnect.co.uk - **0141 237 5859**



The Wayside Club

Night Service can provide Food, Clothes, Showers, Advice for people affected by homelessness.

Open every evening from 7.30pm - 10pm and from 1.30pm - 4pm on Saturday.

32 Midland Street (Central Station), Glasgow

G1 4PR

0141 221 0169

www.thewaysideclubcentre.co.uk

Food Banks

To find your nearest Food Bank go to:

www.trusselltrust.org

Destiny Angels Glasgow

Destiny Angels Glasgow is a helpline providing practical and spiritual support to anyone in need.

Drop in for anyone in crisis to receive food, clothes and support at 37 South Portland Street on Wednesday and Friday afternoon between 1pm - 3pm. Lifeline present both days for women affected by abuse, prostitution and prison.

There are also men's and women's recovery groups held every Thursday at 7pm.

**37 South Portland Street, Glasgow
G5 9JL**

Hopeline: 0333 900 0909 (24/7)

www.destiny-church.com

Legal Services Agency (LSA)

LSA is a Law Centre and Charity which provides skilled legal advice, assistance and representation to people with disadvantage and their advisors. We think everyone should have the right expert on their side when serious things go wrong. They have a few different Homelessness Surgeries including a Specialist Street Homeless surgery.

Fleming House

134 Renfrew Street, Glasgow

G3 6ST

0141 353 3354

<https://lsa.org.uk/>



LSA

Legal Services Agency

Doing the Right Thing,
the Right Way

Shelter

Free Housing Advice

Independent advice and advocacy for people who have any housing problems.

Monday - Friday: 9am - 5pm

Phone or Drop in, Monday and Thursday: 1pm - 4pm
and **Tuesday and Friday:** 10am - 1pm.

Glasgow Housing Aid Centre

2 Breckenridge House (1st Floor Suite)

274 Sauchiehall Street, Glasgow

G2 3EH

Helpline: 0808 800 4444

scotland.shelter.org.uk

Shelter

Shelter



**THE BIG
ISSUE
SCOTLAND**

**M THE
MARIE
TRUST**

**S STREET
CONNECT**
CONNECT • TRANSFORM • THRIVE

**Believe in
children**
 **Barnardo's
Scotland**



 **glasgow
city mission**
CHRISTIAN CARE SINCE 1826

 **WAVERLEY
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LSA

Legal Services Agency
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