



Physical Education
Physical Activity
School Sport

PEPASS

together inspiring success



Physical education provides learners with a platform from which they can build physical competences, improve aspects of fitness, and develop personal and interpersonal skills and attributes. It enables learners to develop the concepts and skills necessary for participation in a wide range of physical activity, sport, dance and outdoor learning, and enhances their physical wellbeing in preparation for leading a fulfilling, active and healthy lifestyle.

(Scottish Government)

Education Services and their Partners

Education Services, Glasgow Life and sportscotland have developed an integrated and strategic approach to the management of Physical Education, Physical Activity, School Sport, as well as sport in the local community.

The PEPASS partners, Education Services, Glasgow Life and sportscotland are delivering against key priority areas:

- 2014 Legacy Sport
- Glasgow Improvement Challenge
- Physical Education and School Sport
- Participation
- Coach Education and Leadership
- Club Coaching and Volunteering
- Events and Competition.

Education Services

Glasgow is committed to these key priorities and the Physical Education, Physical Activity and School Sport (PEPASS) team (formed by Education Services) comprises of the Physical Education Lead Officers, Active Schools Coordinators, Dance and Activities Development Officer, Glasgow Swim Team, Blairvadach Outdoor Education Centre and an administrative support team.

The PEPASS Management Team consists of: Andrea Crawford, PEPASS Manager; Sally Tait, Active Schools Manager; Neil Wightwick, Blairvadach Manager; Kirsten Noon, Projects Development Officer.

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Physical Education Lead Officers

The Physical Education Lead Officers will drive forward the Scottish Government's National Attainment Challenge and Glasgow's Improvement Challenge. Their remit covers Primary, Secondary and additional support for learning (ASL) Schools.

Aims:

- support schools to develop teaching and learning in Physical Education
- promote citywide staff development opportunities
- develop an understanding of the importance of physical literacy in raising attainment
- lead development and support for National Qualifications and Broad General Education (BGE).

Taken together, Building the Curriculum 1, the Health and Wellbeing Principles and Practice Paper and the Health and Wellbeing Experiences and Outcomes make clear the importance of Physical Education and the distinct contribution it makes to developing learners' health and wellbeing. Practitioners and learners together will focus on developing the significant aspects of learning in physical education across all three lines of development: Movement skills, competencies and concepts; Cooperation and competition; Evaluating and appreciation.

[Health and Wellbeing principles and practice paper]

Active Schools Team

Active Schools is a team of coordinators working to provide more and higher quality opportunities for children and young people to participate in sport and physical activity before, during lunch and after school.

Coordinators work with Primary, Secondary and ASL establishments across the city.

The team work to increase the number of opportunities available to children and young people by recruiting a network of volunteers. The coordinators build effective links with clubs and other community organisations

to create a 'pathway' for children and young people to continue their participation in sport and activity in the community.

Active Schools team works together with organisations and individuals, including PE staff and Sports Development officers, providing a wide range of opportunities connecting Physical Education, school sport and club sport.



Active Schools aims

The Active Schools network aims to increase activity levels of children and young people by:

- ensuring there are more and higher quality opportunities to participate in sport within schools
- building capacity through the recruitment, retention and development of a network of volunteers to deliver sport
- motivating and inspiring children and young people to participate in sport.

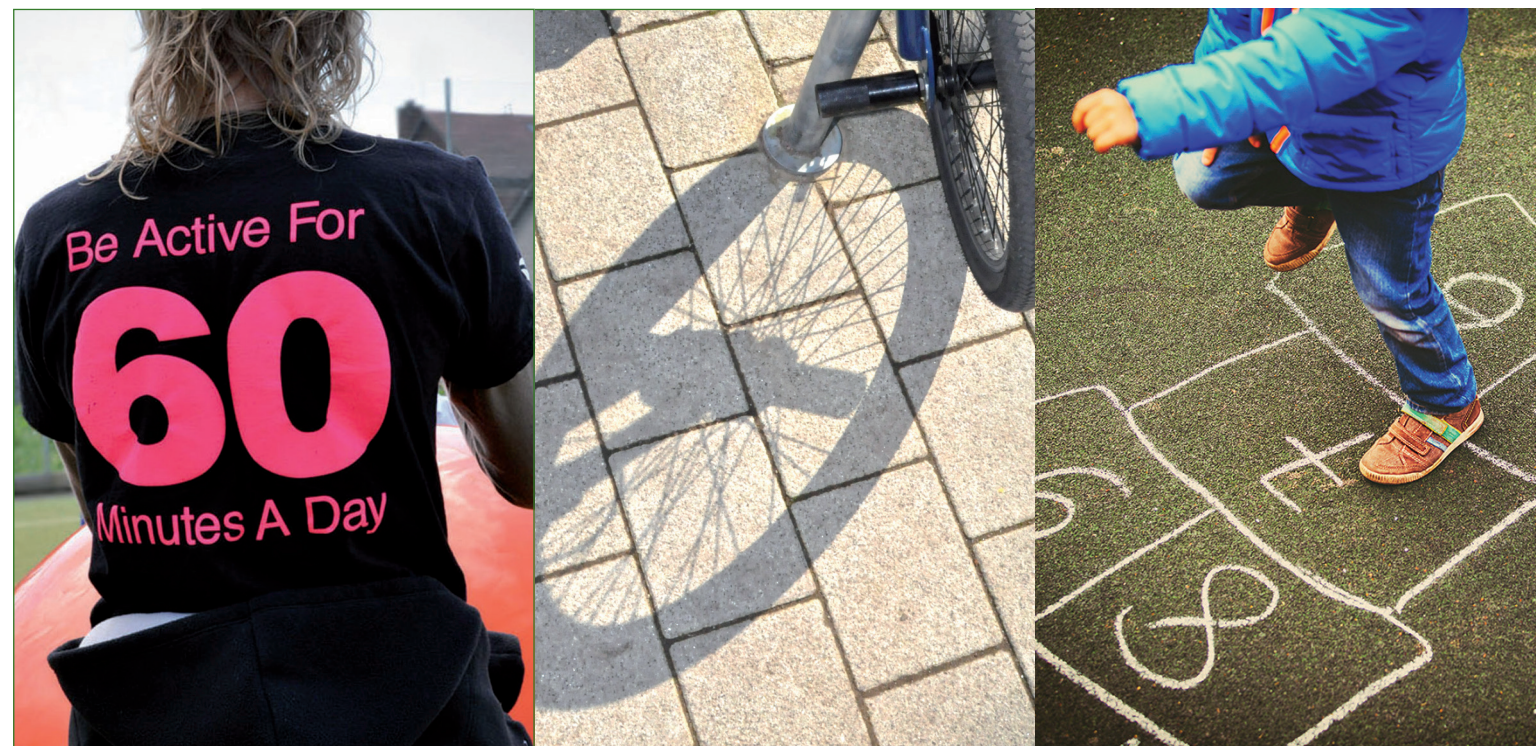
Dance and Activities Development Officer

Glasgow is leading the way in terms of what we do in education to encourage children and young people to lead healthy lifestyles. Dance is a major element

of physical activity available to Glasgow Schools and is delivered through a number of programmes including Dance Leadership, Determined to Dance for P1-4 (a curricular programme often linked with class topics) and City of Dance for P4 and above.

Determined to Dance is delivered by a team of highly qualified dance coaches. Throughout the programme, the coaches and pupils work together; to learn about dance techniques, music and coordination, motivation and self-esteem. The children and young people create their own routines which they then perform to a range of audience.

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Glasgow Swim Team

The Glasgow Swim Team delivers a programme to all primary schools teaching and promoting swimming to children from Primary 5 through to Primary 7.

Across the city, pupils have the opportunity to complete the following courses:

- Water confidence
- Learning to Swim
- Distance Swimming
- Primary Swimming Gala.



Blairvadach Outdoor Education Centre

Blairvadach Outdoor Centre is Glasgow's main outdoor education provision. It is situated in Rhu next to the Gare Loch, offering land and water based activities.

Blairvadach's city centre hub, based at the Glasgow Watersports Centre, facilitates nationally accredited kayaking and canoeing courses for the city's schools. The Pinkston basin facility offers citywide programmes for P6-S6, including flat water and white water activities delivered by Blairvadach staff. This is complemented by other outdoor learning and adventure activities around the city's parks.

In addition to residential programmes, opportunities exist for schools, groups and individuals to pursue coaching qualifications in:

- Adventure Education
- Outdoor Learning
- First Aid
- Bronze Duke of Edinburgh Expedition Supervisor's Award.

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Sport in schools is essential to help our young people in the city achieve their fullest potential. In Glasgow we have a huge number of children and young people who live in the most deprived postcodes. We use sport across the city to drive up standards – it raises expectations for children and young people, it gives them employability skills but more than anything else, it's giving our children confidence and resilience and it's that confidence and resilience that's going to make them be successful in their future life.

Maureen McKenna

Maureen McKenna, Executive Director of Education

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For further information please feel free to contact

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